

MYOS RENS TECHNOLOGY INC.
45 Horsehill Road, Suite 106
Cedar Knolls, New Jersey 07927

May 31, 2019

VIA EDGAR

United States Securities and Exchange Commission
Division of Corporation Finance
100 F Street, N.E.
Washington, DC 20549
Attn: Sonia Bednarowski

Re: MYOS RENS Technology Inc.
Registration Statement on Form S-3
File No. 333-230906

Dear Ms. Bednarowski:

Pursuant to Rule 461 under the Securities Act of 1933, as amended, MYOS RENS Technology Inc. hereby requests acceleration of the effectiveness of the above-referenced Registration Statement so that it will become effective at 4:00 p.m. ET on Monday, June 3 2019, or as soon as practicable thereafter.

Very truly yours,

/s/ Joseph Mannello

Name: Joseph Mannello

Title: Chief Executive Officer