## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549 Notice of Effectiveness

**Effectiveness Date:** October 15, 2020 4:00 P.M.

Form: S-4

**CIK:** <u>0001402479</u>

Company Name: MYOS RENS TECHNOLOGY INC.

**File Number:** <u>333-248566</u>