FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL Estimated average burden hours per response:

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

2. Issuer Name and Ticker or Trading Symbol 5. Relationship of Reporting Person(s) to Issuer 1. Name and Address of Reporting Person* MedAvail Holdings, Inc. [MDVL] (Check all applicable) Kilroy Edwin X Director X Officer (give title below) Other (specify below) (Middle) 3. Date of Earliest Transaction (Month/Day/Year) Chief Executive Officer C/O MEDAVAIL HOLDINGS, INC. 01/10/2022 6665 MILLCREEK DR. UNIT 1 4. If Amendment, Date of Original Filed (Month/Day/Year) 6. Individual or Joint/Group Filing (Check Applicable Line) MISSISSAUGA L5N 5M4 Form filed by One Reporting Person Form filed by More than One Reporting Person (Citv) (State) (Zip) Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned 2A. Deemed Execution Date, if any (Month/Day/Year) 5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4) 6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4) 7. Nature of Indirect Beneficial Ownership (Instr. 4) 1. Title of Security (Instr. 3) 2. Transaction 3. Transaction Code (Instr. 8) 4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 and 5) Date (Month/Day/Year) Code Amount (A) or (D) Price Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities) 3. Transaction 9. Number of derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4) 10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4) 6. Date Exercisable and Expiration Date (Month/Day/Year) 11. Nature of Indirect Beneficial 3A. Deemed Execution Date, 4. Transaction Code (Instr. 8) 7. Title and Amount of Securities Underlying Derivative Security (Instr. Title of Derivative Security (Instr. 3) 5. Number of Derivative Securiti or Exercise Price of Derivative Security Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5) if any (Month/Day/Year) (Month/Day/Year 3 and 4) Security (Instr. 5) Amount or Number of

(D)

(A)

Explanation of Responses:

Remarks:

This Form 4 constitutes an exit form for the Reporting Person. The Reporting Person resigned as Chief Executive Officer and from the board of directors effective January 10, 2022.

Ramona Seabaugh, attorney-in-fact for Edwin Kilroy

** Signature of Reporting Person

Date

01/19/2022

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

POWER OF ATTORNEY

The undersigned, as a Section 16 reporting person of MedAvail Holdings, Inc. (the "Company"), hereby constitutes and appoints Ryan Ferguson, tl

- 1. Complete and execute Forms 3, 4 and 5 and other forms and all amendments thereto as such attorney-in-fact shall in his or her discretion
- 2. Do all acts necessary in order to file such forms with the SEC, any securities exchange or national association, the Company and such otl The undersigned hereby ratifies and confirms all that said attorneys in-fact and agent shall do or cause to be done by virtue hereof. The undersigned of Attorney shall remain in full force and effect until the undersigned is no longer required to file Forms 3, 4 and 5 with respect IN WITNESS WHEREOF, the undersigned has caused this Power of Attorney to be executed as of this 18th day of November, 2020.

Signature: /s/ Edwin Kilroy
Print Name: Edwin Kilroy